2 opposing ideas about language, thought, and culture:

- 1. Language mirrors reality. Words are labels for what we sense; they record what is already there ("naive realism")
 - → this is a cloak theory: language is a cloak conforming to the customary categories of thought of its speakers
- 2. The structure of a language determines the ways in which speakers think about and view the world ("worlds shaped by words")
 - → this is a mold theory: language is a mold in terms of which thought categories are cast

The Sapir-Whorf Hypothesis, in its "strong version," consists of 2 paired principles: linguistic determinism: the language we use determines the way in which we view and think about the world around us.*

linguistic relativity: People who speak different language perceive and think about the world quite differently.

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